

Step-by-Step Comp Intro Pilot Registration Instructions:

Step 1: Go to **www.artisticswimmingcoach.ca**

Step 2: **a)** If you have NOT created a login for artisticswimmingcoach.ca before please click on **“Join artisticswimmingcoach.ca”**

OR

b) If you have already created a login/profile for artisticswimmingcoach.ca click on **“Member Sign In”**

Step 3: **a)** If you have clicked on **“Join artisticswimmingcoach.ca”** please complete the form to register, and then click on **“Continue”** at the bottom of the page. After registering you will receive a confirmation email from Canada Artistic Swimming.

****NOTE: If you do not have an NCCP number yet you will first need to go to coach.ca to register and be assigned a number:**

- i. Go to www.coach.ca**
- ii. Click on “The Locker” (top right)**
- iii. Select “Don’t have an NCCP#? Create one now!”**
- iv. Follow instructions**
- v. Return to artisticswimmingcoach.ca to register with your newly acquired NCCP number**

b) If you clicked on Member Sign In, please fill in your username and password and click **“Sign In”**.

Step 4: **a)** After registering for artisticswimmingcoach.ca you will be taken to the My Status page (see below). Scroll down until you see Competition Introduction.

b) If you have logged in – make sure you are on your **“My Status”** page which should also look like the screenshot below. Scroll down until you see Competition Introduction.

Component	Registered	Completed
1 Comp Intro Preclinic Reading	register	--
2 Coach Initiation in Sport Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17268 <small>*Note: NEW instructors must register for a Locker account prior to taking the module</small>	I have completed this. Give me credit.	--
3 S4L Introduction to Physical Literacy	register	--
4 Competition Introduction Coach Workshop	<ul style="list-style-type: none">Comp Intro Preclinic Reading requiredCoach Initiation in Sport requiredS4L Introduction to Physical Literacy required	--
5 Make Ethical Decisions (MED) - Training Complete Make Ethical Decisions Training: https://www.coach.ca/make-ethical-decisions-med-s18834 <small>*Note: NEW instructors must register for a Locker account prior to taking the module</small>	I have completed this. Give me credit.	--
6 MED Online Evaluation Complete MED Online Evaluation online module: https://www.coach.ca/s18728	I have completed this. Give me credit.	--

In order to be eligible to officially REGISTER for the COMP INTRO PILOT Workshop you must first complete the required prerequisites:

- (1) Comp Intro Preclinic Reading**
- (2) Coach Initiation in Sport**
- (3) S4L Introduction to Physical Literacy**

ONCE #1-3 are complete "register" will appear next to **(4) Competition Introduction Coach Workshop**:

Competition Introduction

Learn to Train

Component	Registered	Completed
1 Comp Intro Preclinic Reading	✓	✓
2 Coach Initiation in Sport <small>Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17259 <small>*Note: NEW instructors must register for a Locker account prior to taking the module</small></small>	✓	✓
3 S4L Introduction to Physical Literacy	✓	✓
4 Competition Introduction Coach Workshop	register	—

But first let's work through the steps

Step 5: Begin by clicking on "register" in the row for **(1) Comp Intro! Preclinic Reading**

Component	Registered	Completed
1 Comp Intro Preclinic Reading	register	—
2 Coach Initiation in Sport <small>Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17259 <small>*Note: NEW instructors must register for a Locker account prior to taking the module</small></small>	I have completed this. Give me credit.	—
3 S4L Introduction to Physical Literacy	register	—
4 Competition Introduction Coach Workshop	<ul style="list-style-type: none"> • <i>Comp Intro Preclinic Reading required</i> • <i>Coach Initiation in Sport required</i> • <i>S4L Introduction to Physical Literacy required</i> 	—

Step 6: You will be taken to a Welcome page. Read the instructions on the page and then click "I have read this section".

COMP INTRO PRECLINIC READING

- Comp Intro Preclinic Reading
- ✓ Welcome
- FINA Resources
- CAS LTAD Framework 2.1

Sub Module: Comp Intro Preclinic Reading

Welcome

printable version

Welcome to the first stage of the Competition Introduction Workshop. Please ensure you have completed all of the required preclinic reading as knowledge of these documents is required throughout the Comp Intro Workshop:

- 1) Familiarize yourself with the FINA Handbook (Artistic Swimming Rules) and FINA Manual for Artistic Swimming.
- 2) Read the CAS LTAD Framework 2.1.

Hit "I have read this section" below to move to the next step.

[I have read this section](#)

On the next page review the FINA Resources (required reading in preparation for the Workshop – links provided). Once complete click **"I have read this section"**

COMP INTRO PRECLINIC READING

- Comp Intro Preclinic Reading
- ✓ Welcome
- FINA Resources
- CAS LTAD Framework 2.1

Sub Module: Comp Intro Preclinic Reading

FINA Resources

printable version

During the Competition Introduction Workshop you will be required to refer to the FINA Handbook and FINA Manual for Artistic Swimming Coaches, Judges and Referees. In preparation for the workshop please familiarize yourself with these two resources which are available to download from www.FINA.org.

FINA Artistic Swimming Manual: https://www.fina.org/sites/default/files/fina_as_manual_-_updated_august_2018_0.pdf

FINA Artistic Swimming Rules: https://www.fina.org/sites/default/files/2017-2021_as_rules_-_16032018_full.pdf

[I have read this section](#)

On the next page review the CAS LTAD Framework 2.1 instructions (required reading in preparation for the Workshop – link). Once complete click **"I have read this section"**

COMP INTRO PRECLINIC READING

- Comp Intro Preclinic Reading
- ✓ Welcome
- ✓ FINA Resources
- CAS LTAD Framework 2.1

Sub Module: Comp Intro Preclinic Reading

CAS LTAD Framework 2.1

printable version

CAS LTAD Framework 2.1

Throughout the Competition Introduction Workshop you will be required to refer to the Canada Artistic Swimming LTAD Framework 2.1. Please download and read the framework in advance of the workshop:

<https://artisticwimming.ca/i-love-synchro/ltad-framework/>

[I have read this section](#)

You will then be taken to a summary page that concludes the section! Click on **"Click here to see your current Status"** which will bring you back to the **My Status** page, where you will see that you now have green check marks across Comp Intro Preclinic Reading.

COMP INTRO PRECLINIC READING

- Comp Intro Preclinic Reading
- ✓ Welcome
- ✓ FINA Resources
- ✓ CAS LTAD Framework 2.1

Sub Module: Comp Intro Preclinic Reading

CONGRATULATIONS Kara!!!

You have completed Comp Intro Preclinic Reading

You have completed: "Comp Intro Preclinic Reading" of Canada Artistic Swimming's National Coaching Framework.

[Click here to continue](#)

[Click here to see your current Status](#)

If you have not done so already, please complete our feedback form to help us make improvements to future programming. Feel free to browse through your Tools section at the top for more coaching tools.

	Component	Registered	Completed
1	Comp Intro Preclinic Reading	✓	✓

Step 7: The next step is to complete the **(2) CAC Coach Initiation in Sport** online module. Click the link provided in the table.

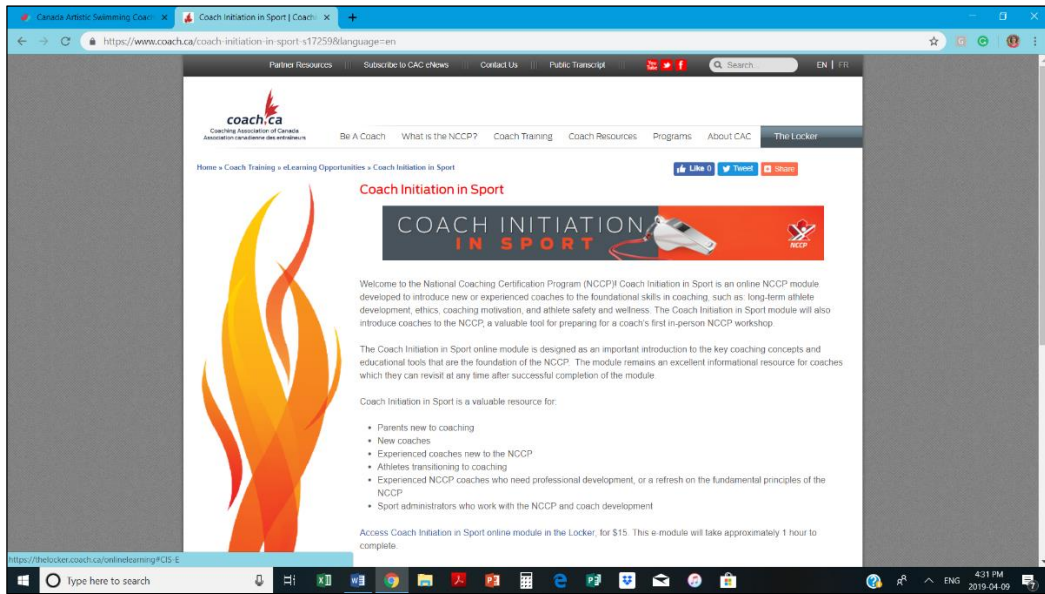
***Note 1: IF you have completed this already for AquaGO! you already will have green check marks! You can proceed directly to Step #8!**

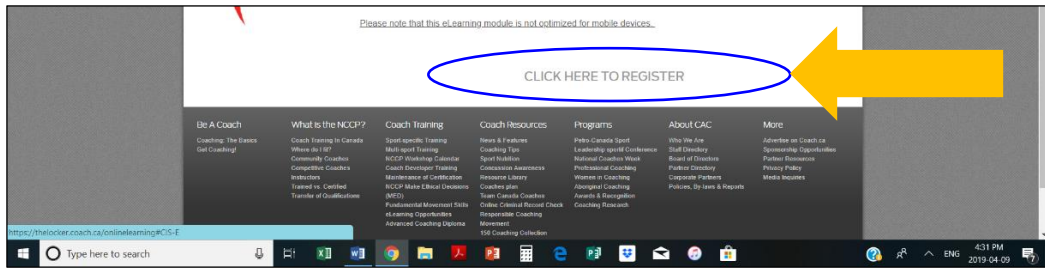
***Note 2: NEW instructors must register for a Locker account prior to taking the module – which should have been accomplished back in Step #3 when registering for artisticswimmingcoach.ca.**

LINK HERE →

	Component	Registered	Completed
1	Comp Intro Preclinic Reading	✓	✓
2	Coach Initiation in Sport Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17259 <i>*Note: NEW instructors must register for a Locker account prior to taking the module</i>	I have completed this. Give me credit.	—
3	S4L Introduction to Physical Literacy	register	—
4	Competition Introduction Coach Workshop	<ul style="list-style-type: none"> Coach Initiation in Sport required S4L Introduction to Physical Literacy required 	—

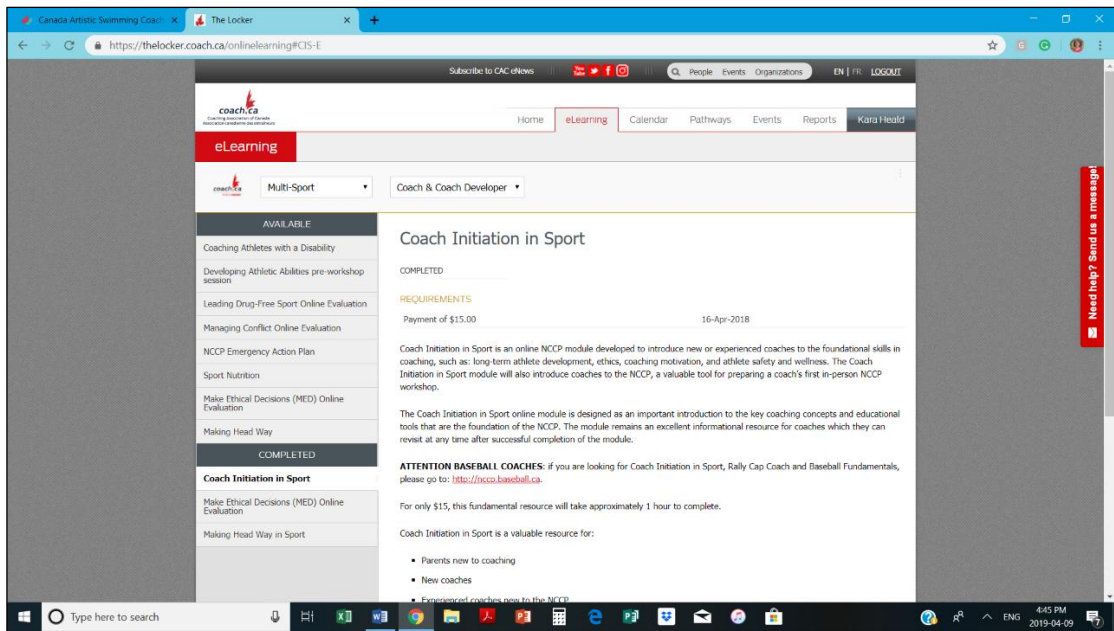
The Coach Initiation in Sport page will look like the screenshot below. Scroll down until you see **“Click Here to Register”**





You will be asked to enter your **NCCP #** or **email** and your **password**.

Once logged in with your NCCP number you will be taken to the **Coach Initiation in Sport eLearning page**. Please follow the instructions provided, and please note there is a \$15.00 payment required to CAC.

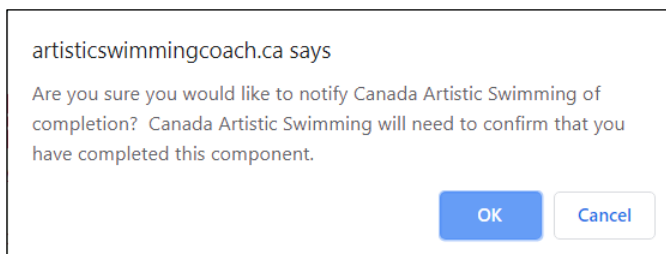


***Once you have completed the module you will see it on your CAC Locker transcript under Multisport Training.**

Once you have completed Coach Initiation in Sport you can return to **"My Status"** on artisticsswimmingcoach.ca and click **"I have completed this. Give me credit."**

Component	Registered	Completed
1 Comp Intro Preclinic Reading	✓	✓
2 Coach Initiation in Sport Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17259 *Note: NEW Instructors must register for a Locker account prior to taking the module	I have completed this. Give me credit.	
3 S4L Introduction to Physical Literacy	register	—
4 Competition Introduction Coach Workshop	• Coach Initiation in Sport required • S4L Introduction to Physical Literacy required	—

After clicking, the following message will appear on the screen:



Click **“OK”** if you are ready to notify Canada Artistic Swimming (CAS) that you have completed Coach Initiation in Sport. Your PSO (on behalf of CAS) will then confirm that you now have Coach Initiation in Sport on your NCCP Transcript.

Your **“My Status”** table for AquaGO! will then look like the screenshot below. Your PSO will need to confirm completion of Coach Initiation in Sport before you can proceed with registering for an AquaGO! Workshop. You will receive a confirmation email when Coach Initiation in Sport has been confirmed by the PSO.

<p>Coach Initiation in Sport</p> <p>Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17259</p> <p><small>*Note: NEW Instructors must register for a Locker account prior to taking the module</small></p>	PENDING CONFIRMATION	
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Once confirmed your **“My Status”** table for Competition Introduction will look like the screenshot below with green checkmarks across your **(2) Coach Initiation in Sport** row:

	Component	Registered	Completed
1	Comp Intro Preclinic Reading		
2	<p>Coach Initiation in Sport</p> <p>Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-s17259</p> <p><small>*Note: NEW Instructors must register for a Locker account prior to taking the module</small></p>		
3	S4L Introduction to Physical Literacy		—
4	Competition Introduction Coach Workshop	<ul style="list-style-type: none"> S4L Introduction to Physical Literacy required 	—

Step 8: The next step is to complete **(3) S4L Introduction to Physical Literacy**. Click on **“register”** to begin:

***Note: IF you have completed this already for AquaGO! you already will have green check marks! You can proceed directly to Step #9!**

Competition Introduction

Learn to Train

Component	Registered	Completed
1 Comp Intro Preclinic Reading	✓	✓
2 Coach Initiation in Sport Complete CAC Coach Initiation in Sport online module: https://www.coach.ca/coach-initiation-in-sport-v17258 <i>*Note: NEW Instructors must register for a Locker account prior to taking the module</i>	✓	✓
3 S4L Introduction to Physical Literacy	register	
4 Competition Introduction Coach Workshop	S4L Introduction to Physical Literacy required	—

You will be brought to the page below. Use the link to take you to the Sport for Life **Introduction to Physical Literacy** online course site (see screenshot below). You will need to register and pay for the course as prompted. Please be sure to use the coupon code provided to receive 20% off the module fee.

S4L INTRODUCTION TO PHYSICAL LITERACY

Module: S4L Introduction to Physical Literacy

Sport for Life Introduction to Physical Literacy

Complete Sport for Life Introduction to Physical Literacy course & quiz at the link below:

Coupon Codes for 20% off the Intro to Physical Literacy online course:
English Course: CAB66D
French Course: CF5DDE

https://sportforlife-sportpoulavie.ca/catalog_detail.php?courseid=798

Once completed, upload your certificate below:

Choose File No file chosen

Save

Sport for Life CAMPUS

Introduction to Physical Literacy

Language English

This course introduces the concept of physical literacy, provides information about how we learn to move, and identifies the key elements of a supportive physical literacy environment.

Rationale and Learning Outcomes

Upon completion of this course, you will be able to:

- Explain the concept of physical literacy
- Describe the relationship between physical literacy, physical activity, and physical fitness
- Identify the general course of motor skill (movements) development in childhood and the approximate age of adult proficiency
- Describe the relationship between the development of movement, competence, confidence, and motivation, in support of physical literacy development
- Identify key elements of a supportive physical literacy environment
- Recognize that physical literacy activities should be accessible and inclusive
- Describe and diagram a physical literacy life journey

Physical Literacy Instructor Program

This course is the first module in the Physical Literacy Instructor Program. The program has four modules which combine text based information, video, interactive elements, and in-person workshops for the learner to acquire the knowledge and understanding to develop physical literacy.

Features:

- Self Paced
- Audio Enabled
- Multiple exam attempts
- Video Feeding
- Interactive Elements
- Printable Certificate

Sport for Life CAMPUS

Physical Literacy Instructor Program

This course is the first module in the Physical Literacy Instructor Program. The program has four modules which combine text based information, video, interactive elements, and in-person workshops for the learner to acquire the knowledge and understanding to develop physical literacy.

- Introduction to Physical Literacy (This course)
- HIGH FIVE Principles of Healthy Child Development or HIGH FIVE Sport (in-person workshop)
- NCCP Fundamental Movement Skills (in-person workshop)
- Sport for Life Quality Physical Literacy Experiences & Program Evaluation (in-person workshop)

Learners are required to successfully complete all parts and related learning activities to receive a certificate of completion.

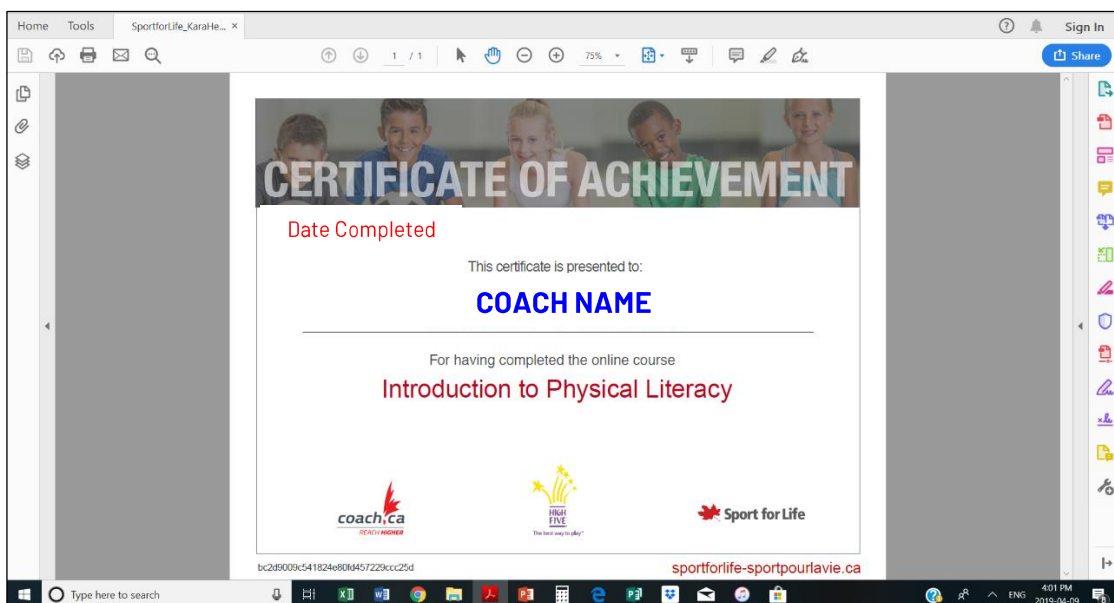
This course was developed in partnership with the Coaching Association of Canada and HIGH FIVE® with financial support from the Ontario William Foundation.

\$ 24.95 **Register Now**

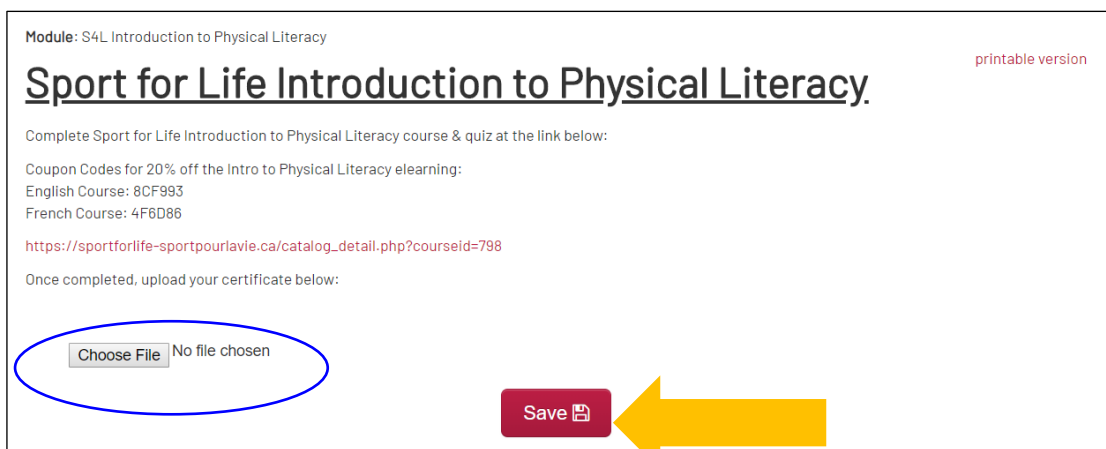
Bulk Discounts

5-10	5%
10-25	10%
25-50	15%
50-100	20%

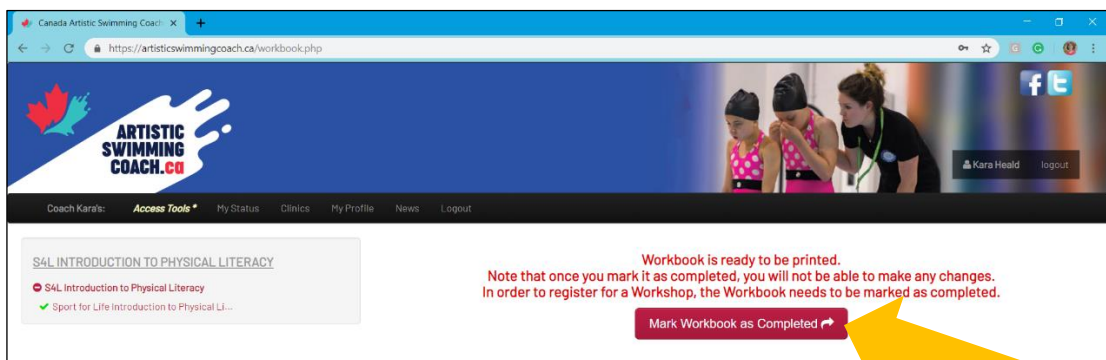
When you have completed the Sport for Life course you will receive a certificate which will look like the image below. **Download** and **save** the certificate (PDF) to your device.



You will then need to upload the certificate to artisticswimmingcoach.ca by clicking **"Choose File"** (select from your device and upload) and then click **"Save"**.

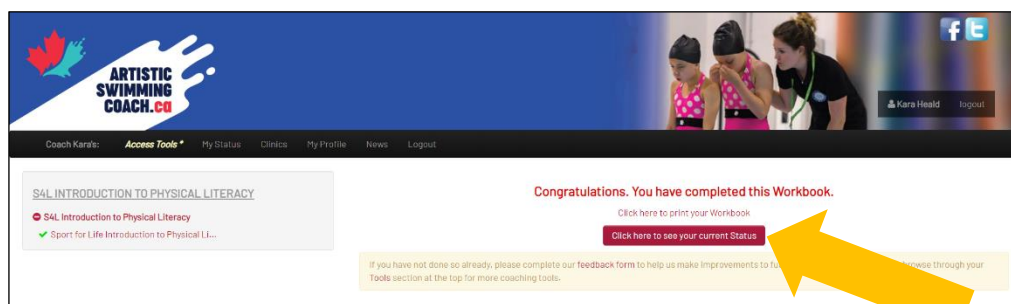


On the next page click on **"Mark Workbook as Completed"**.

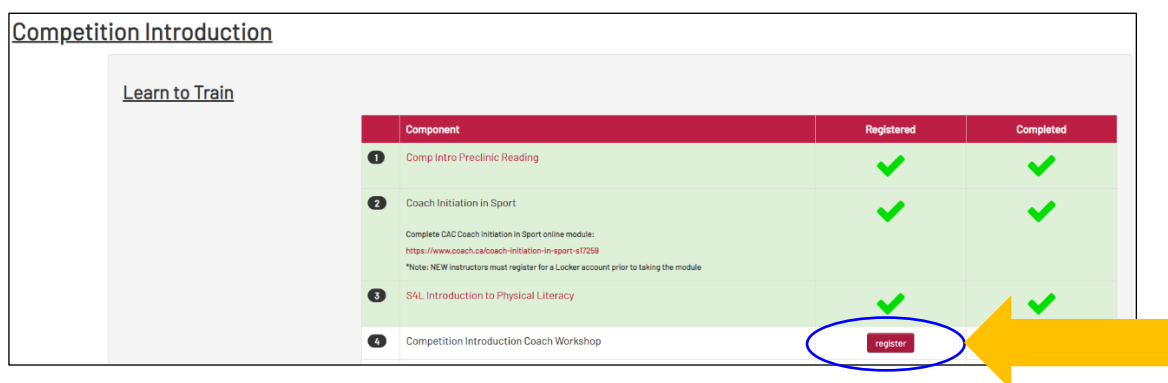


A Congratulations message will appear.

Click on **“Click here to see your current Status”**

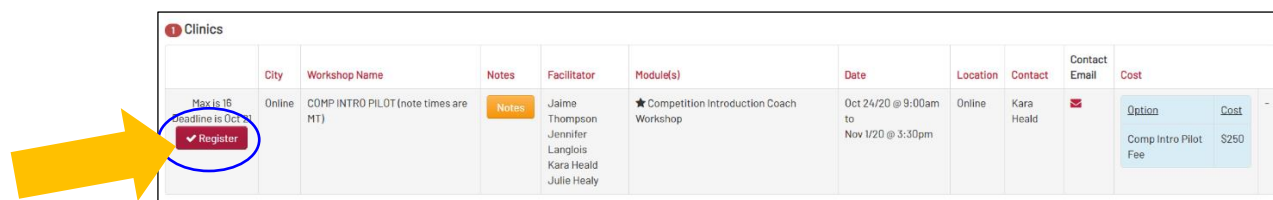


You will then see that you have green checks across your **(3) S4L Introduction to Physical Literacy** row AND **“register”** now available next to **(4) Competition Introduction Coach Workshop**:

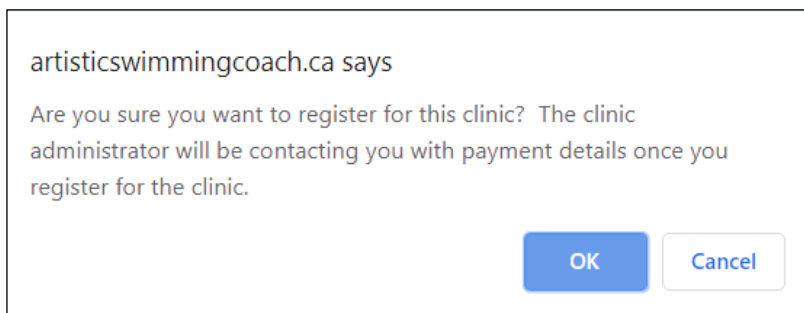


Step 9: Click on **“register”** (as shown above) to register for the Competition Introduction Coach Workshop. You will be taken to the clinics page on artisticswimmingcoach.ca.

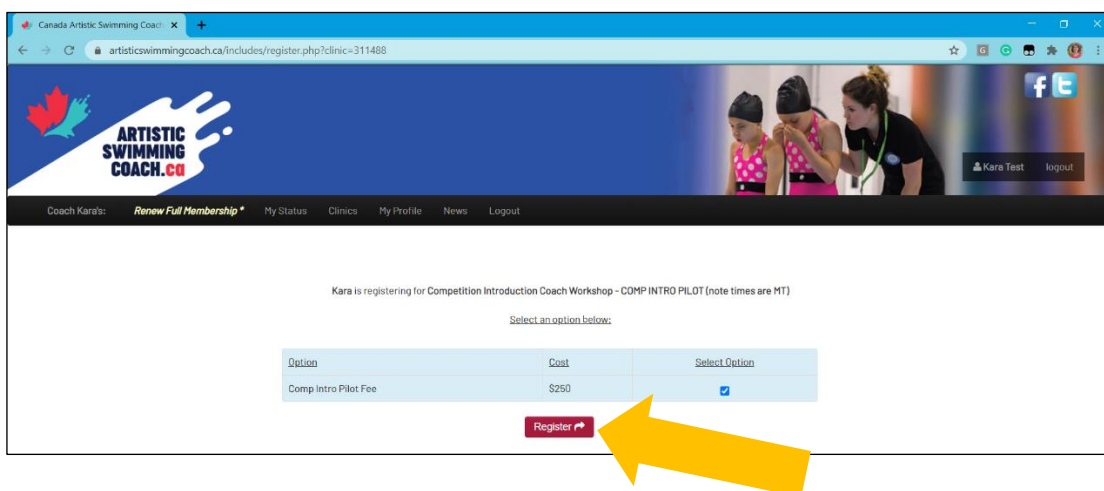
When you see the clinic you want to register for click on **“Register”** in the first column:



A pop-up box will appear on the screen with the following message:



Click on **"OK"** to register and you will be taken to the registration page. Click on register to proceed with payment.



You will then be taken to the Canada Artistic Swimming PayPal page to pay the workshop registration fee. Please follow the PayPal instructions.

When you return to artisticswimmingcoach.ca you will then show a green "REGISTERED" box next to the clinic you have registered and paid for.

Step 10: Return to your **My Status** page by clicking **"My Status"** on the top header.

You will see that you have a green checkmark in the **"Registered"** column for the **(4) Competition Introduction Coach Workshop** row and a **"Workshop Documents"** link has now appeared.

Click on **"Workshop Documents"** to see all of the documents you will be using for the Competition Introduction Pilot (Please note: Pilot documents will be posted the week of October 19th in advance of the workshop).