

Canada Artistic Swimming - Coach Development Pathway



(Effective September 1, 2021)

Clarification re: NCCP Make Ethical Decisions "MED": Effective September 1, 2020 instructors/coaches will be REQUIRED to take NCCP Make Ethical Decisions TRAINING (3.5 hour module delivered by Provincial/Territorial Coaching Association) as part of their required training (as per our CAS Coach Development Pathway for AquaGO!, Comp Intro & Comp Dev).

Note that CAC states "Any coach requiring NCCP trained status will require the NCCP Make Ethical Decisions Training." Instructors/Coaches then complete MED online evaluation as an outcome of their Evaluation and Certification. Anyone who has completed MED online evaluation prior to September 1, 2020 is exempt – this is not retroactive.

Intro to Artistic Swimming – AquaGO!										
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training		Evaluation		Professional Development		
AquaGO! Instructor (Prerequisite to Comp Intro as of April 1, 2021)	15 years of age	Active Start FUNdamentals	Clubs Aquatic Facilities Municipalities	Sport Specific Modules (NSO/PSO): 1. Delivering AquaGO! 2. LTAD & Fundamental Movement Skills 3. Swimming Fundamentals		 AquaG0! Evaluation: Must be 16 years of age Must have completed AquaG0! in-pool practical/microteaching 				
	Pre-requisites: ✓ Member in good standing ✓ First Aid Training recommended ✓ Mandatory pre-course work: • Completes Coach Initiation in Sport online module: https://thelocker.coach.ca • Sport for Life Intro to Physical Literacy course & quiz • CAS LTAD Framework reading & quiz • Required reading			 Swimming Fundamentals Bring a Lesson Plan to Life Artistic Swimming Skills NCCP Multi-Sport Modules: Make Ethical Decisions Workshop NCCP Emergency Action Plan(EAP) eLearning Workshop 	TRAINED	teaching) ERTIFIED	10 PD points every 5 years		

Competitive F	Togram							
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training		Evaluation		Professional Development
Competition Introduction Revised and effective as of Sep 1, 2020	16 years of age Pre-requisi ✓ Member ✓ First Aid ✓ Required modules	Learn to Train Train to Train Masters	ained" (completed ultisport modules)	Sport Specific Modules (NSO/PSO): 1. Introduction 2. Planning for Performance Part 1 3. Introduction to Athletic Abilities and Skills 4. Figure Foundations 5. Developing and Training Routines 6. Planning for Performance Part 2 7. Planning a Practice 8. Analyze Performance 9. Practical In-Pool component	TRAINED	 ☑ Competition Introduction Evaluation: Submit Comp Intro Portfolio In-practice observation and debrief by evaluator In-competition observation and debrief by evaluator ☑ Outcomes: Design a sport program Plan a practice Provide support to athletes in training 	CERTIFIED	20 PD points every 5 years

Pre-course work:	NCCP Multi-Sport Modules:	4. Support the competitive	
 NCCP Coach Initiation in Sport* online module: https://thelocker.coach.ca Sport for Life Intro to Physical Literacy* 	Make Ethical Decisions Workshop* Making Head Way in Sport eLearning Workshop	experience 5. Analyze performance 6. Make Ethical Decisions (online	
online course & quiz 3. CAS LTD Framework reading & quiz (via artisticswimmingcoach.ca) 4. Comp Intro pre-course homework workbook	 Emergency Action Plan (EAP) eLearning Workshop* Sport Nutrition eLearning Workshop Basic Mental Skills Workshop Teaching and Learning Workshop 	evaluation)* *if not previously completed	
*if not previously completed	*if not previously completed		

Competitive F	Program							
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training		Evaluation		Professional Development
Competition Development	18 years of age	Train to Train Train to Compete Masters	Clubs National Championships Provincial Teams Canada Games	Sport Specific Modules (NSO): 1. Developing Athletic Abilities 2. Planning a Practice (2) 3. Performance Planning 4. Analyze Figure Abilities 5. Analyze Routine Abilities 6. Manage a Sport Program		 ✓ NCCP Multi-Sport Online Evaluations: Make Ethical Decisions* Managing Conflict Leading Drug Free Sport ✓ Competition Development Evaluation**: Submit portfolio 		
	 ✓ Member in good standing ✓ First Aid Training recommended ✓ Required to be Competition-Introduction trained (effective as of July 1, 2020) 			NCCP Multi-Sport Modules: 1. Coaching & Leading Effectively Workshop 2. Leading Drug Free Sport Workshop 3. Make Ethical Decisions Workshop* 4. Making Head Way in Sport eLearning	TRAINED	 In-practice observation and debrief by evaluator In-competition observation and debrief by evaluator Outcomes: Design a sport program Plan a practice 	CERTIFIED	30 PD points every 5 years
	work ✓ CAS LTA	e work: Ding Athletic Abilitie AD Framework read Irse reading	·	Workshop* 5. Managing Conflict Workshop 6. Prevention & Recovery Workshop 7. Psychology of Performance Workshop *if not previously completed		3. Provide support to athletes in training 4. Support the competitive experience 5. Analyze performance 6. Manage a sport program *if not previously completed **recommended to be coaching athletes competing at national qualifier/national championships (team routine preferred)		

Competitive P	rogram							
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training		Evaluation		Professional Development
Competition Development Advanced Gradation (CDAG)	✓ Competit ✓ Successforegistered (ACD) ✓ Identified Swimming	n good standing ion Development ully completed or d in Advanced Coa & selected by Cal	be currently aching Diploma nada Artistic	Completes the Advanced Coaching Diploma (ACD) (2-year program) Completes CDAG Practicum: (6-12 month minimum) 2 modules: 1. Coach as Performer 2. International Innovation (with practical application component) Practical Coaching component: Coach will work in a high- performance National Team training setting (Example: 13-15/Junior National Team Training Camp/Competition)	TRAINED	The coach will complete the ACD/CDAG final assessment (includes CAS expert & CAC HP expert) CDAG Practicum Evaluation: 1. Coach as Performer 2. International Innovation 3. Practical Coaching Component 4. MED (if not previously completed) Coach will successfully complete these 3 specific projects under the guidance of a mentor/CDAG facilitator. Evaluation will be ongoing through these projects.	CERTIFIED	30 PD points every 5 years

Competitive P	rogram							
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training		Evaluation		Professional Development
High Performance Coach	18 years of age	Learn to Win Perform to Win	Senior National Team	Completes HP Practicum	TR	The coach will complete the ACD/HP final assessment (includes CAS expert & CAC HP expert) HP Practicum Evaluation: 1. Coach as Performer	CEI	
	Pre-requisites: ✓ Member in good standing ✓ Identified & selected by Canada Artistic Swimming for HP Program ✓ Competition Development certified (or equivalent) ✓ CAS Senior National Team Coach			modules: 1. Coach as Performer 2. International Innovation (with practical application component) Practical Coaching component: Coach will work in a high- performance Senior National Team training/competition setting (example: apprentice coach/assistant coach at a Senior National Team camp/competition).	TRAINED	2. International Innovation 3. Practical Coaching Component 4. MED (if not previously completed) Coach will successfully complete these 3 specific projects under the guidance of a mentor/HP facilitator. Evaluation will be ongoing through these projects.	CERTIFIED	30 PD points every 5 years